

# Are We Integrating Biologic Advances in Multiple Myeloma Into Clinical Practice?

## *Minimal Residual Disease: A Measurable and Relevant Endpoint in Treatment*

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# MRD: A Measurable and Relevant Endpoint in Treatment

## ➤ Depth of response in Myeloma

Are all CR the same

## ➤ What is MRD

Techniques: NGF vs NGS

Is it just about prolongation of PFS as a surrogate for OS

## ➤ Prognostic role of MRD

MRD impacts OS

## ➤ MRD Rate and relevance in current treatment options and strategies

MRD in NDMM

MRD in RRMM

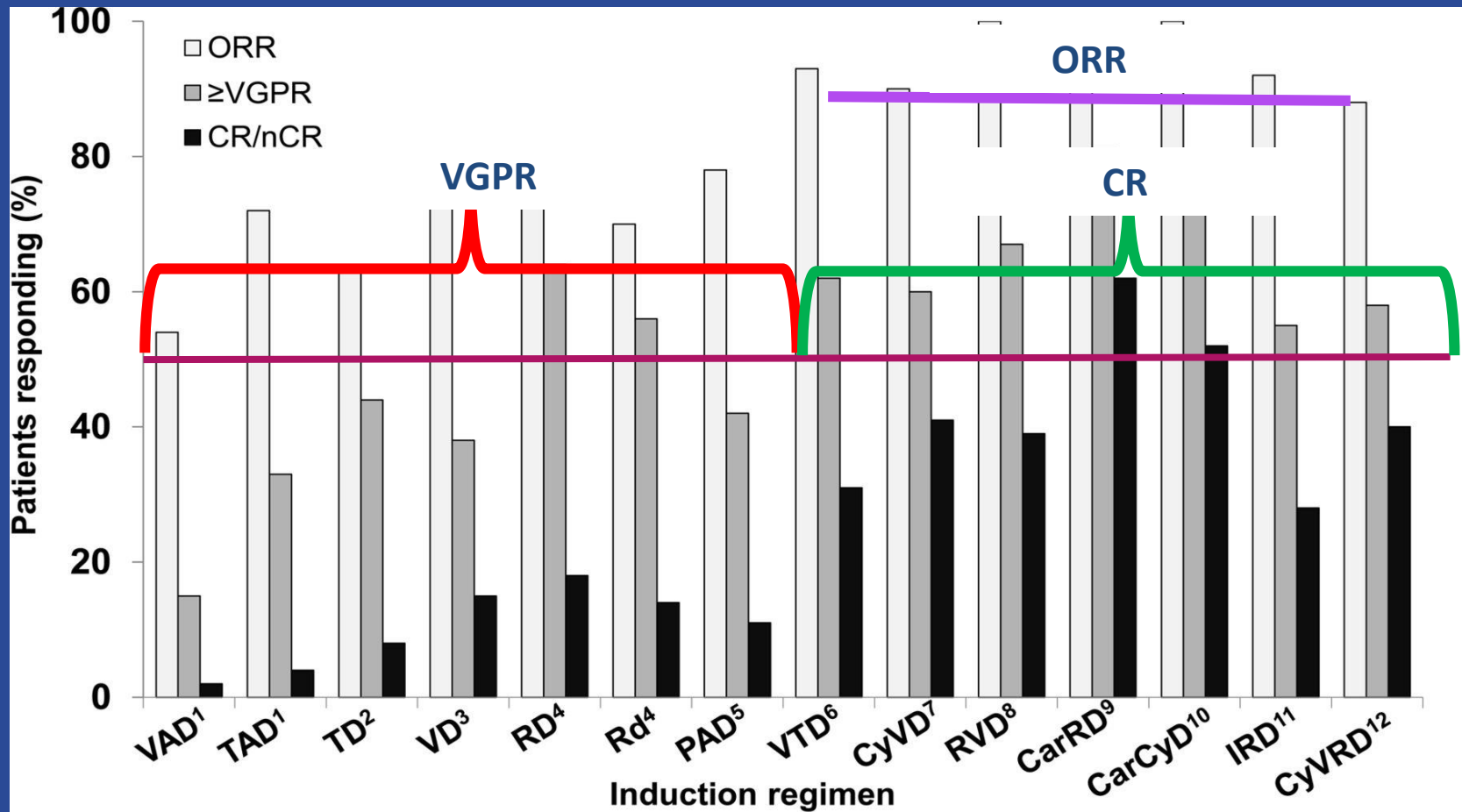
MRD Including high risk MM

## ➤ Depth of MRD matters

## ➤ Work to do

## ➤ Conclusion

# Treatment advances have increased the likelihood of achieving CR



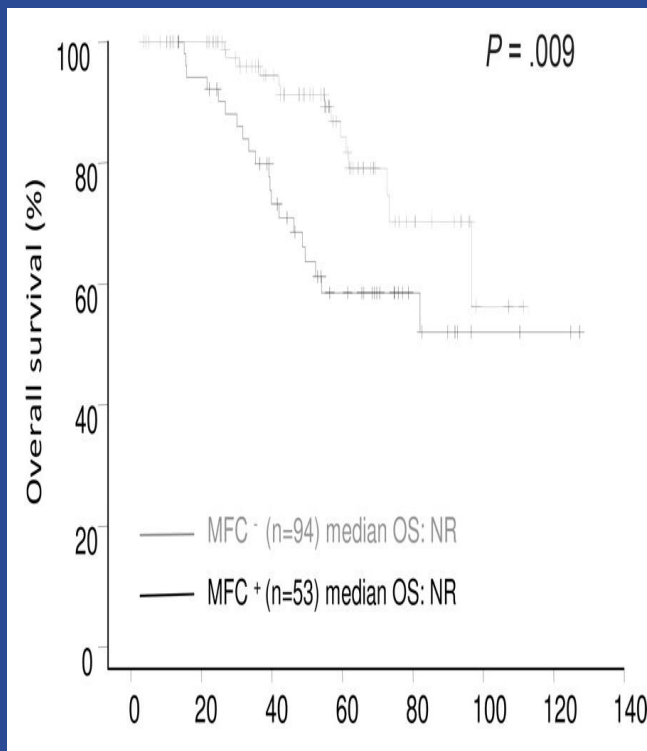
1. Lokhorst HM, et al. Haematologica. 2008;93:124-7. 2. Rajkumar SV, et al 2008 J Clin Oncol 26:2171-77. 3. Harousseau JL, et al 2010 J Clin Oncol 28:4621-4629. 4. Rajkumar SV, et al Lancet Oncol 2010; 11: 29-37. 5. Sonneveld P, et al J Clin Oncol 2012; 30:2946-55. 6. Cavo M, et al Lancet 2010; 376: 2075-85. 7. Reeder CB, et al. Blood. 2010; 115:3416-7. 8. Richardson et al. Blood 2010;116:679-686. 9. Jakubowiak AJ, et al Blood. 2012 30;120:1801-9. 10. Palumbo A, et al. Blood. 2012;120:[abstract 730]. 11. Kumar S, et al . Blood. 2012;120:[abstract 332]. 12. Kumar S, et al. Blood 2012 119: 4375-82.

# The prognostic impact to CR comes from MRD

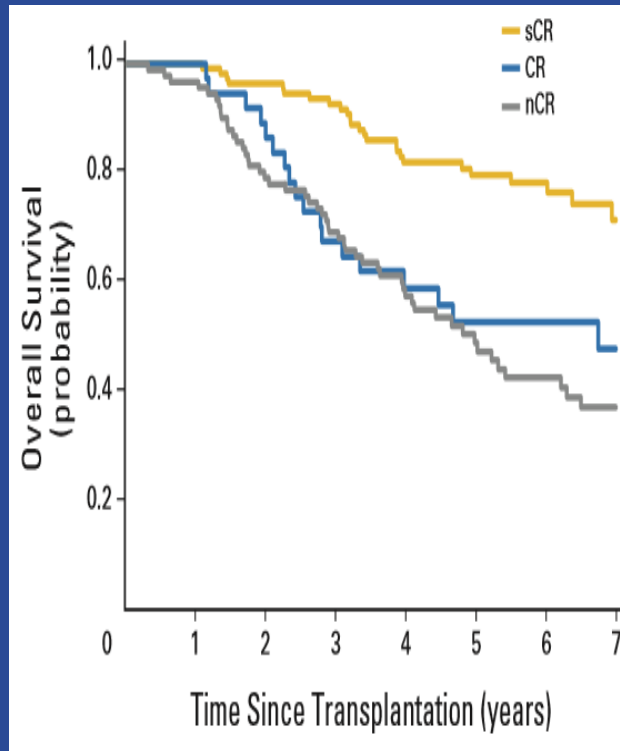
Multicentric, prospective study of 445 NDMM, post ASCT, 1/3  $\geq$ CR

147/295 NDMM (GEM2000) in CR post ASCT. MRD by MFC at day 100 after ASCT.

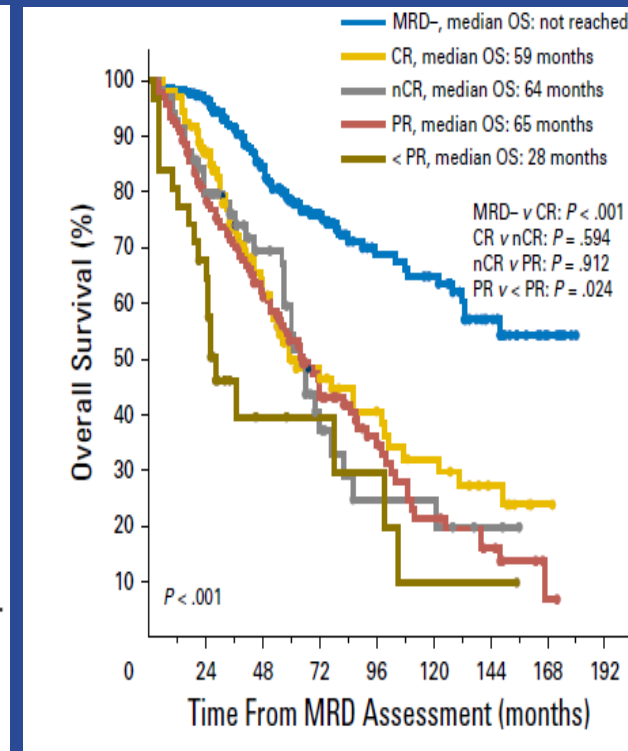
609 NDMM, GEM2000/GEM2005/GEM5010, MRD assessment 9 months after enrolment



Not reached vs 81 months

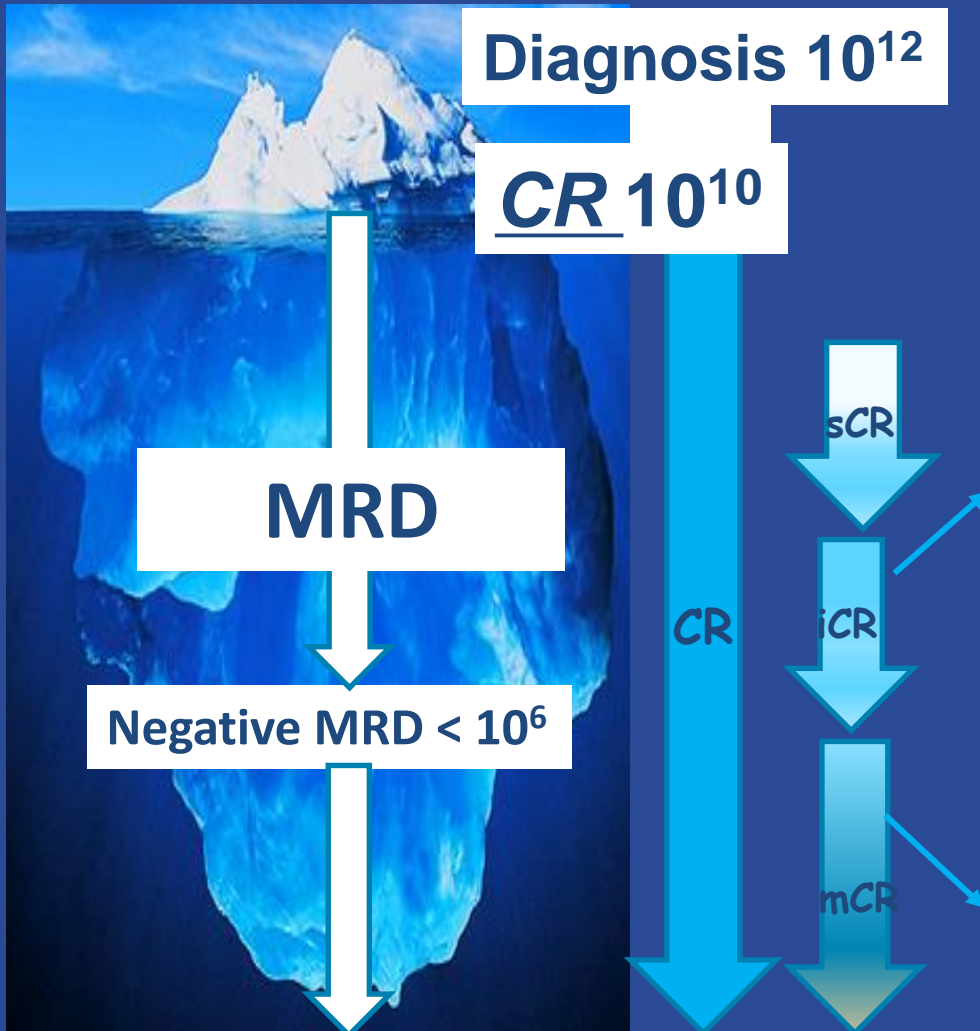


5-year OS rates 87% vs 59%



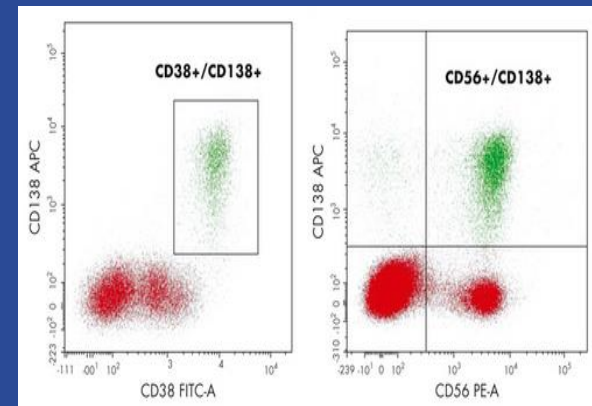
Not reached vs 59 months

# Minimal Residual Disease, MRD



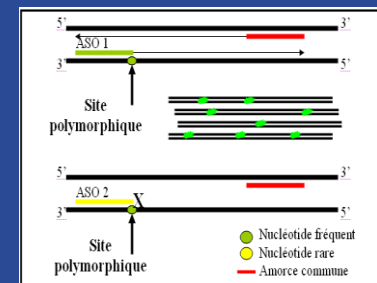
## Immunophenotypic CR.

CMF (Sensibilité de  $10^{-4}$  à  $10^{-8}$  selon le nombre de couleurs (2 à 10 couleurs))



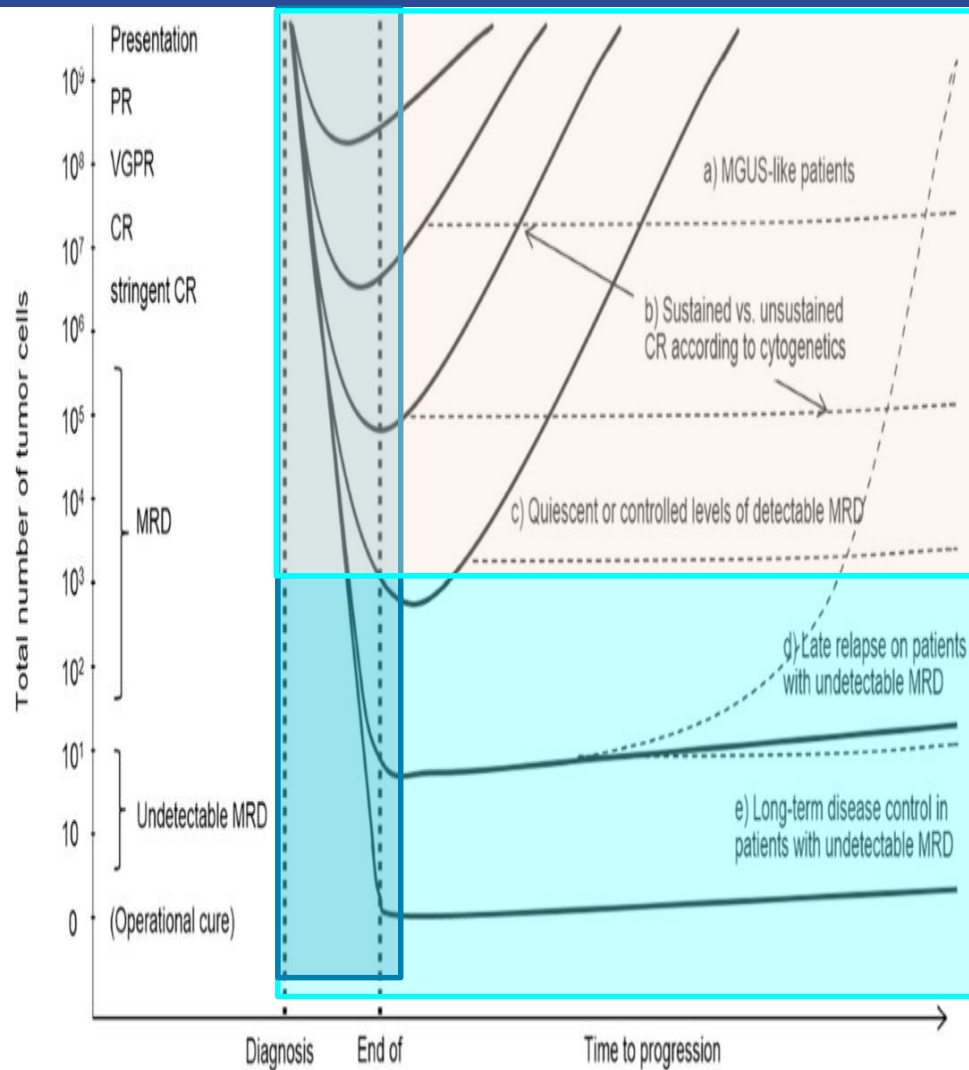
## Molecular CR.

ASO-PCR ( $S_e 10^{-5}$ ), NGS

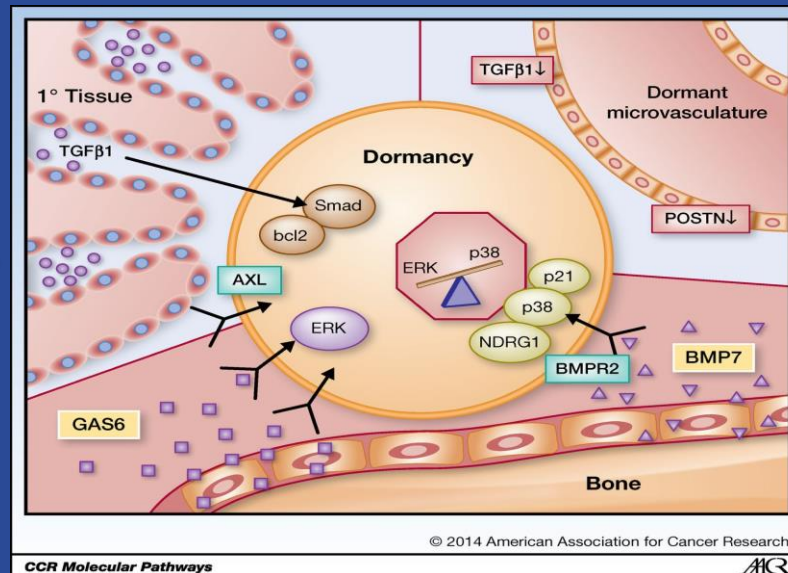


# MRD is about

Prolongs PFS as a surrogate for OS



Tumor dormancy, the ultimate objective for 'cure'



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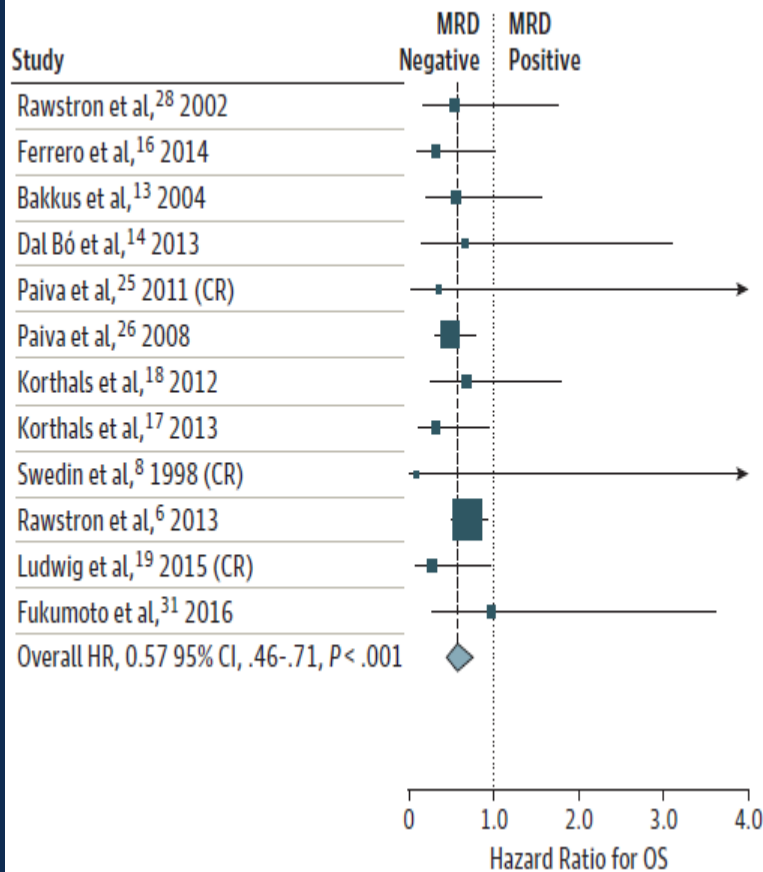
CCR Molecular Pathways

CCR

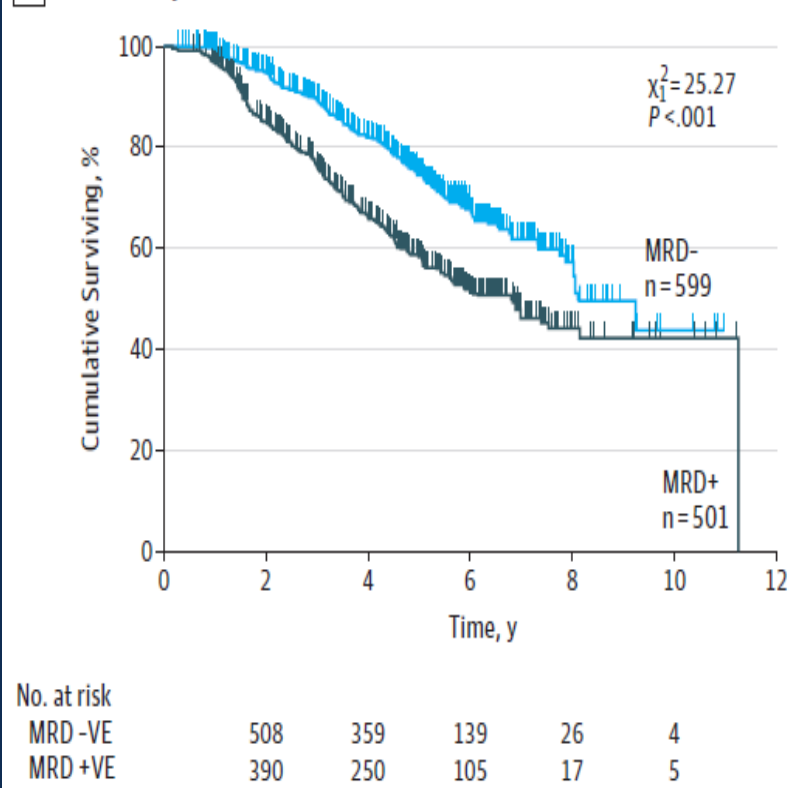
# Overall effect of MRD on OS

MRD-negative status was associated with significantly better OS overall (HR, 0.57; 95%CI, 0.46-0.71; P < .001)

B Overall PFS hazard ratio forest plot

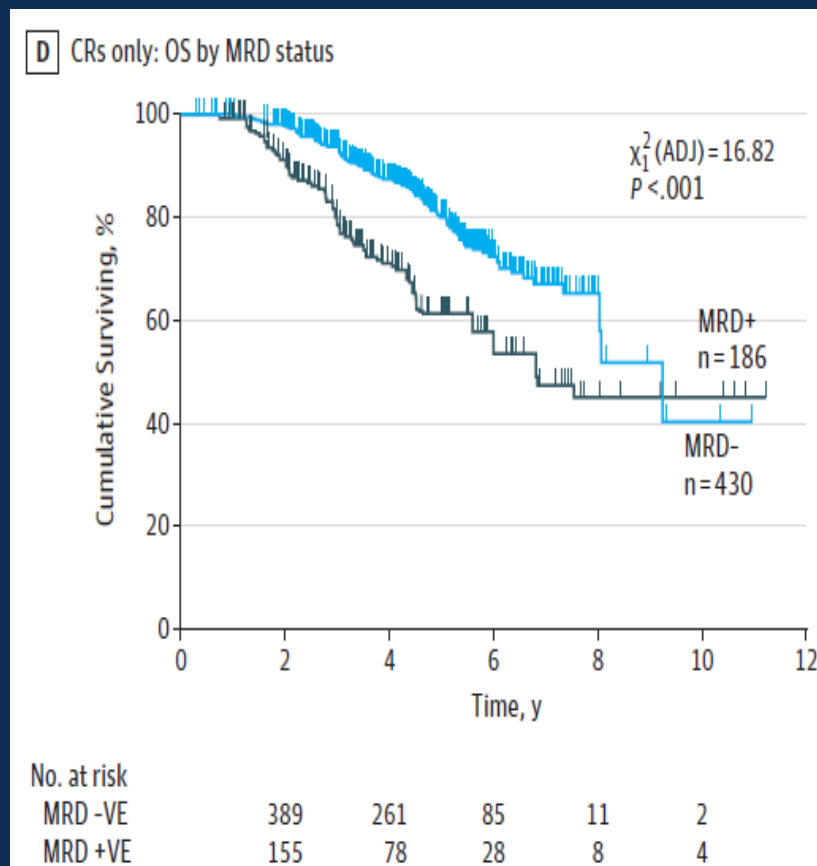
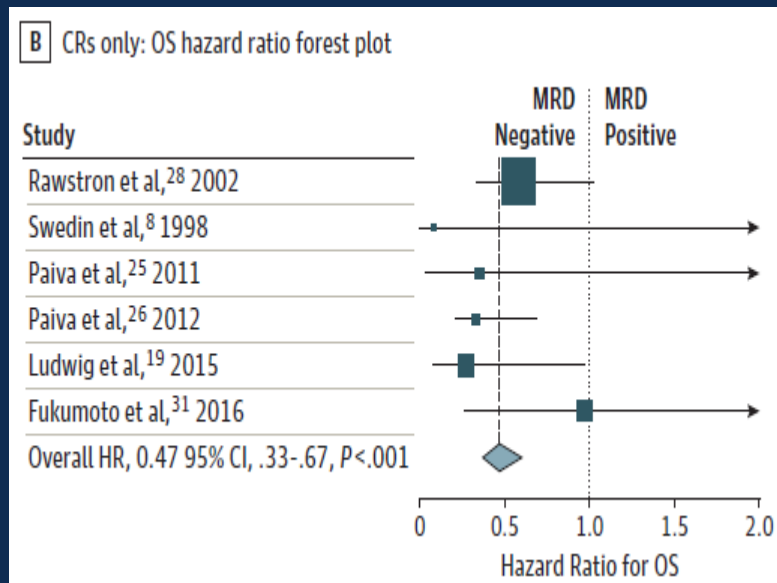


D Overall OS by MRD status



# Effect of MRD status on OS in CR patients

MRD-negative status was associated with significantly better OS in CR patients (HR, 0.47; 95%CI, 0.33-0.67;  $P < .001$ )





# IFM 2008

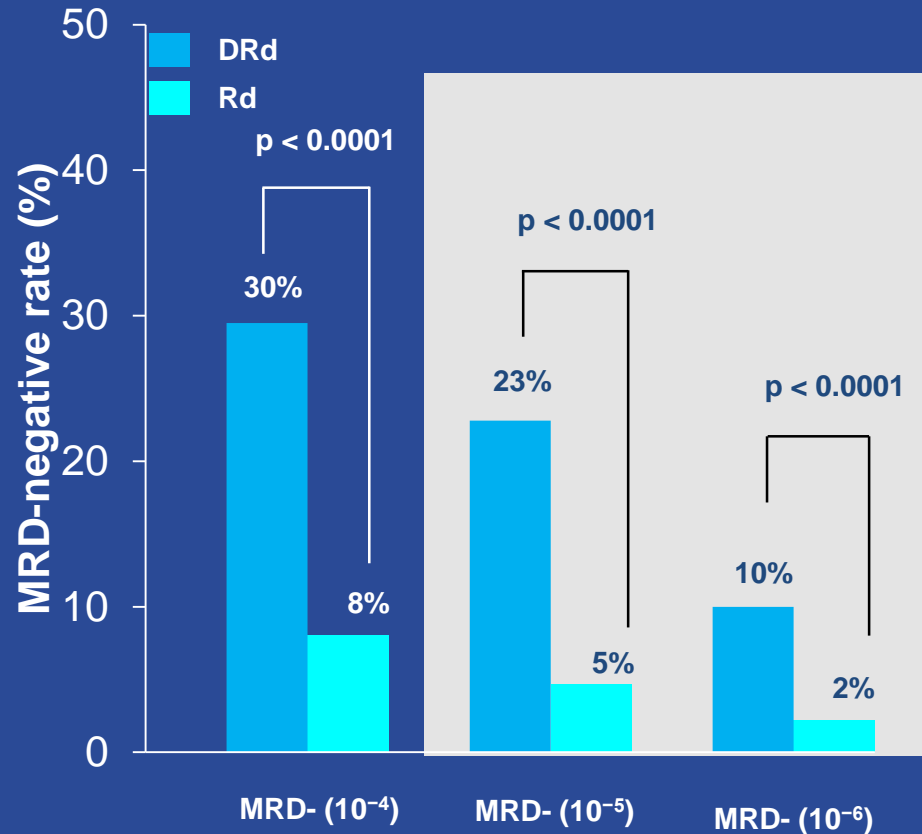
Phase 2. 31 NDMM, VRD x 3 - Transplant - VRD x 2 - Rev 1 year

	After induction	After ASCT	After consolidation	Completed Therapy
n (%)	n=31	n=31	n=31	n=31
Negative MRD	4/25 (16)	14/26 (54)	15/26 (58)	21/30 (70)
sCR + CR	7 (23)	14 (45)	15 (48)	18 (58)
≥ VGPR	18 (58)	21 (68)	26 (84)	26 (84)

MRD at  $10^{-4}$ - $10^{-5}$

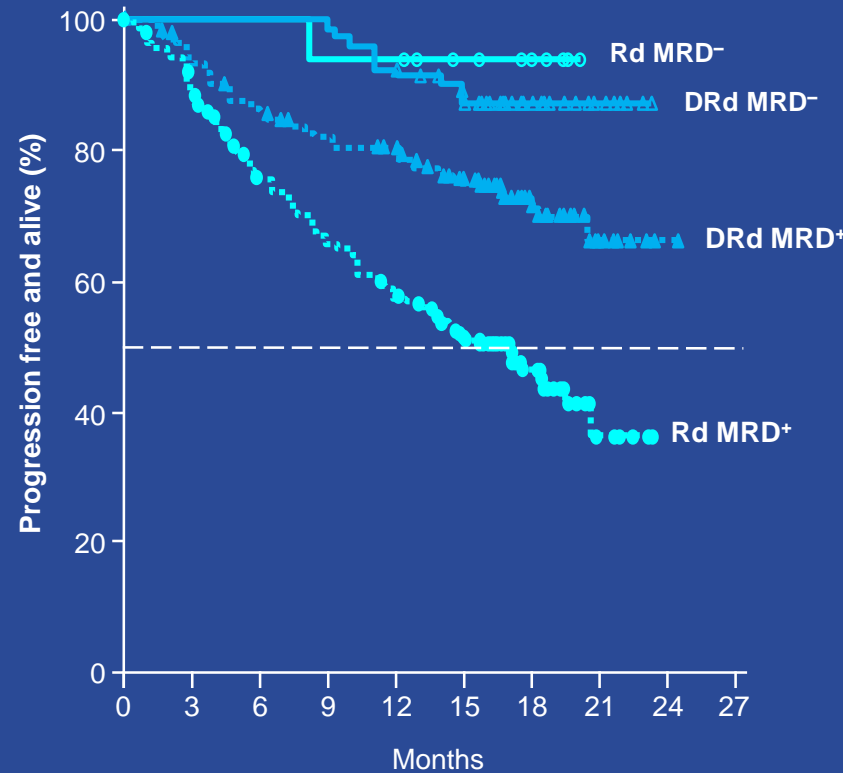
# POLLUX: DRd vs Rd - MRD-negative rate

Phase 3 multicenter, early RRMM



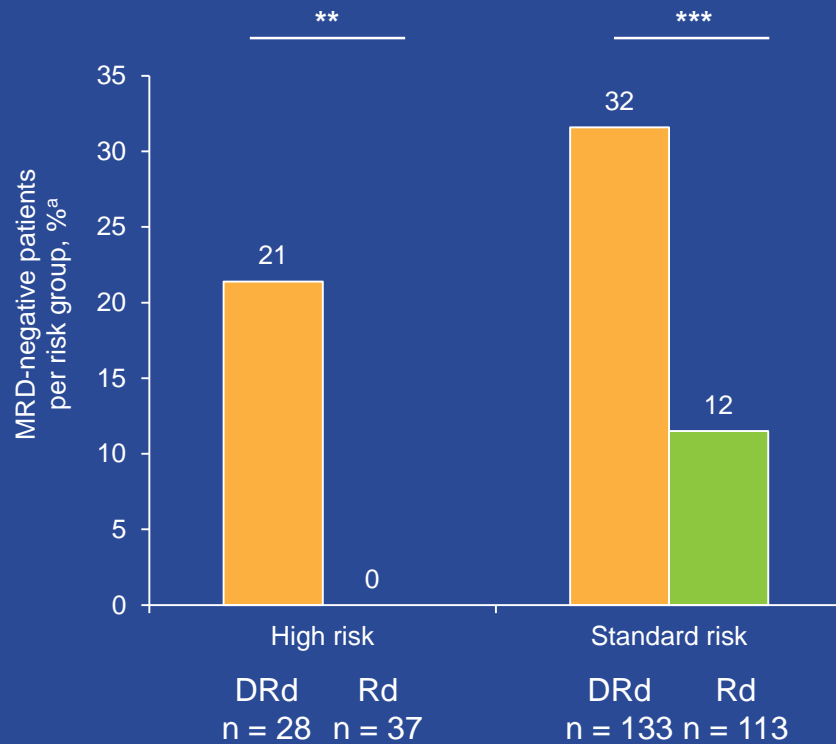
Response-evaluable set. Assessed by next generation sequencing (NGS) in bone marrow.

PFS

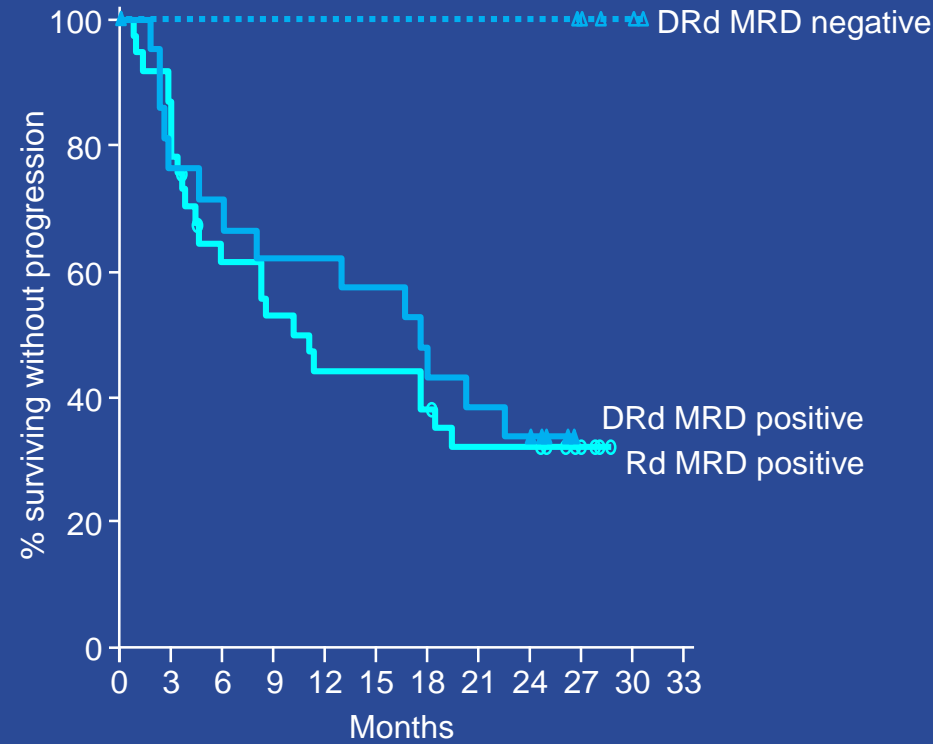


# POLLUX: MRD by Cytogenetic Risk Status ( $10^{-5}$ )

## MRD-negative rates



## PFS in high-risk patients



**In POLLUX, high-risk patients treated with daratumumab achieve MRD negativity and remain progression free**

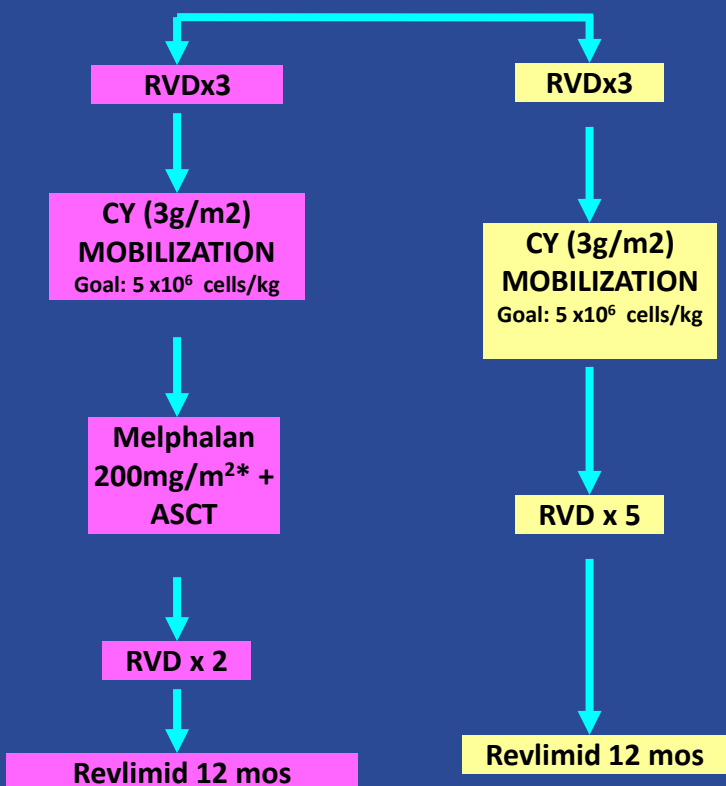
\*\* $P = 0.0009$ . \*\*\* $P = 0.0001$ .

<sup>a</sup>Percentage of patients within a given risk group and treatment arm.

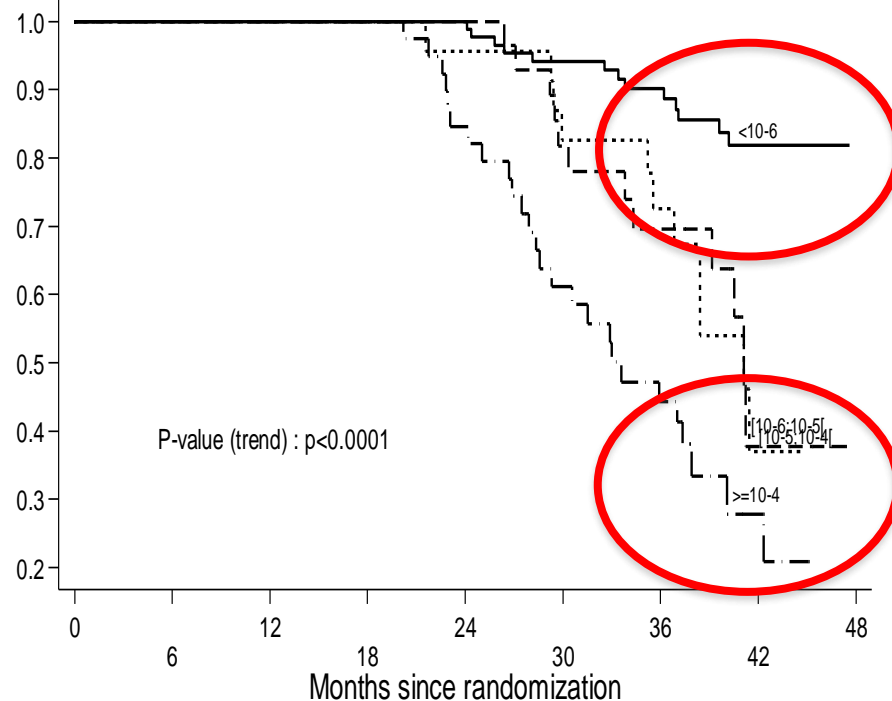
# Depth of MRD matters

Phase 3 multicenter, IFM/DFCI 2009, NDMM

Randomize



MRD at post-maintenance

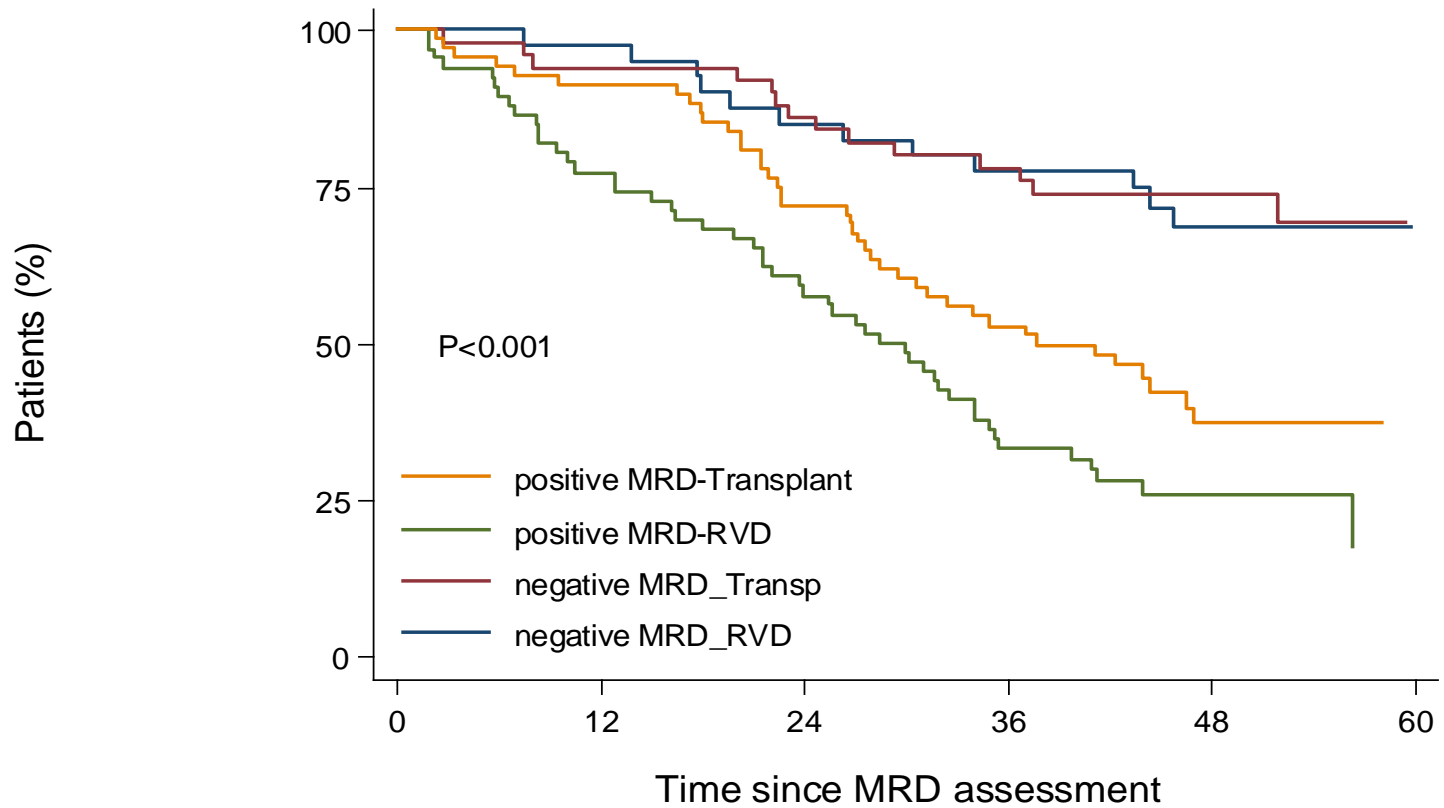


N at risk  
(events)

$<10^{-6}$	86	(0)	86	(0)	86	(0)	86	(0)	86	(5)	77	(3)	61	(5)	36	(0)	10
$[10^{-6}; 10^{-5}]$	29	(0)	29	(0)	29	(0)	29	(0)	28	(5)	22	(3)	16	(4)	4	(1)	1
$[10^{-5}; 10^{-4}]$	23	(0)	23	(0)	23	(0)	23	(1)	22	(3)	19	(2)	14	(5)	3	(0)	2
$[10^{-4}; 10^{-3}]$	40	(0)	40	(0)	40	(0)	40	(6)	33	(9)	23	(6)	15	(4)	4	(1)	2

# IFM 2009 trial

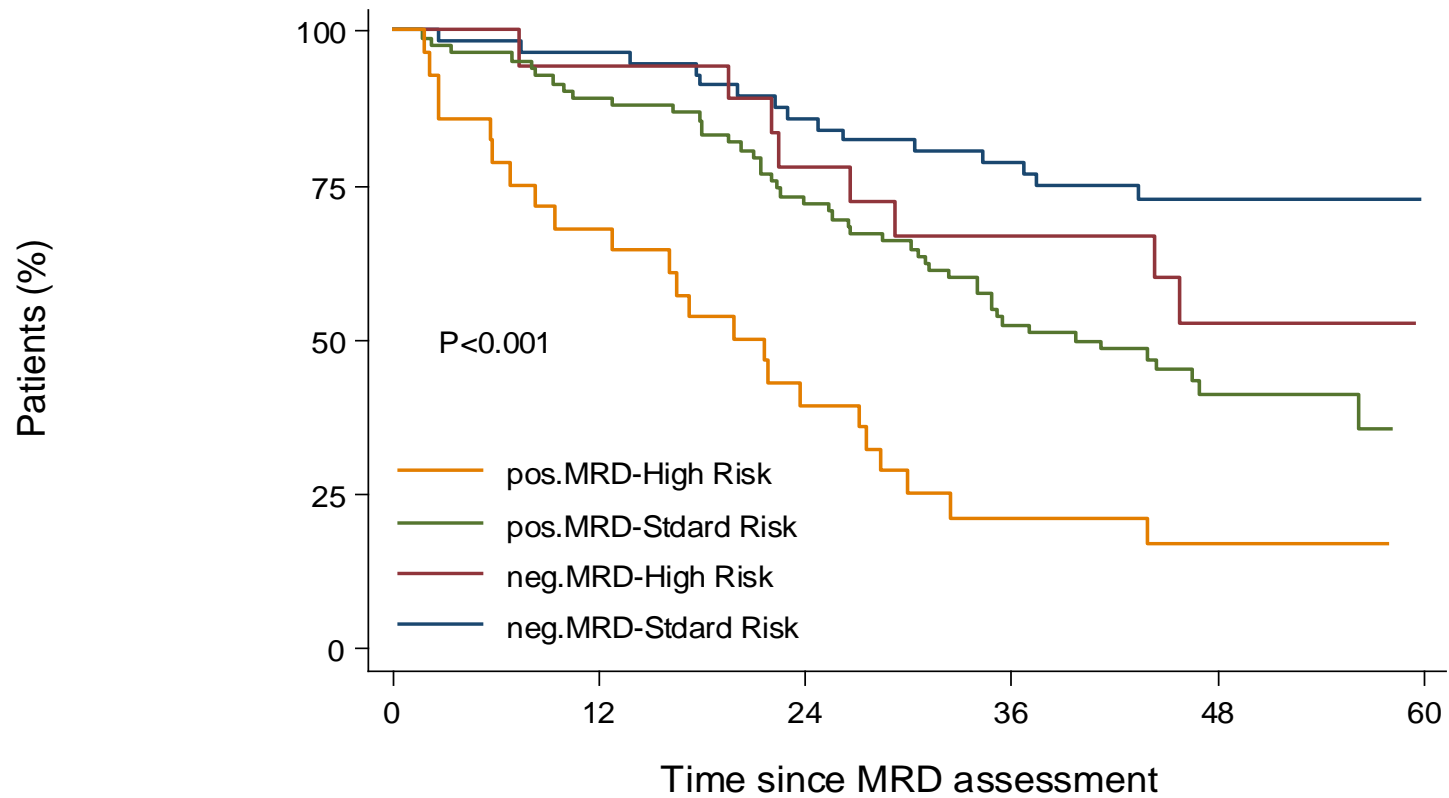
## Role of treatment



	N at risk					
	0	12	24	36	48	60
positive MRD-Transplant	68	62	49	35	15	1
positive MRD-RVD	66	51	38	21	11	2
negative MRD_Transp	50	47	43	38	23	4
negative MRD_RVD	40	39	34	31	17	1

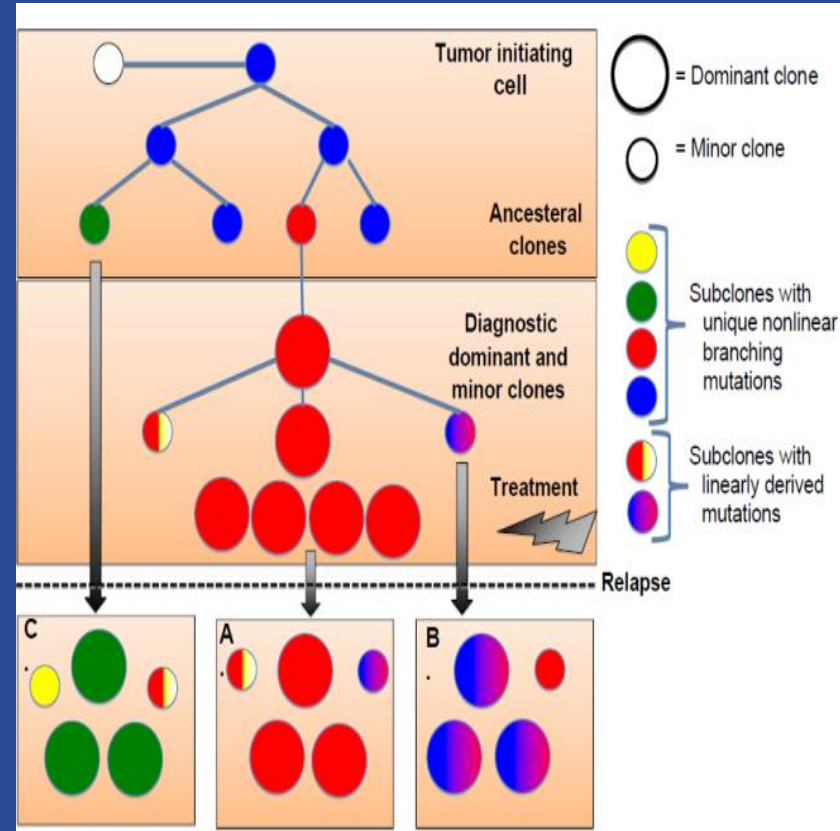
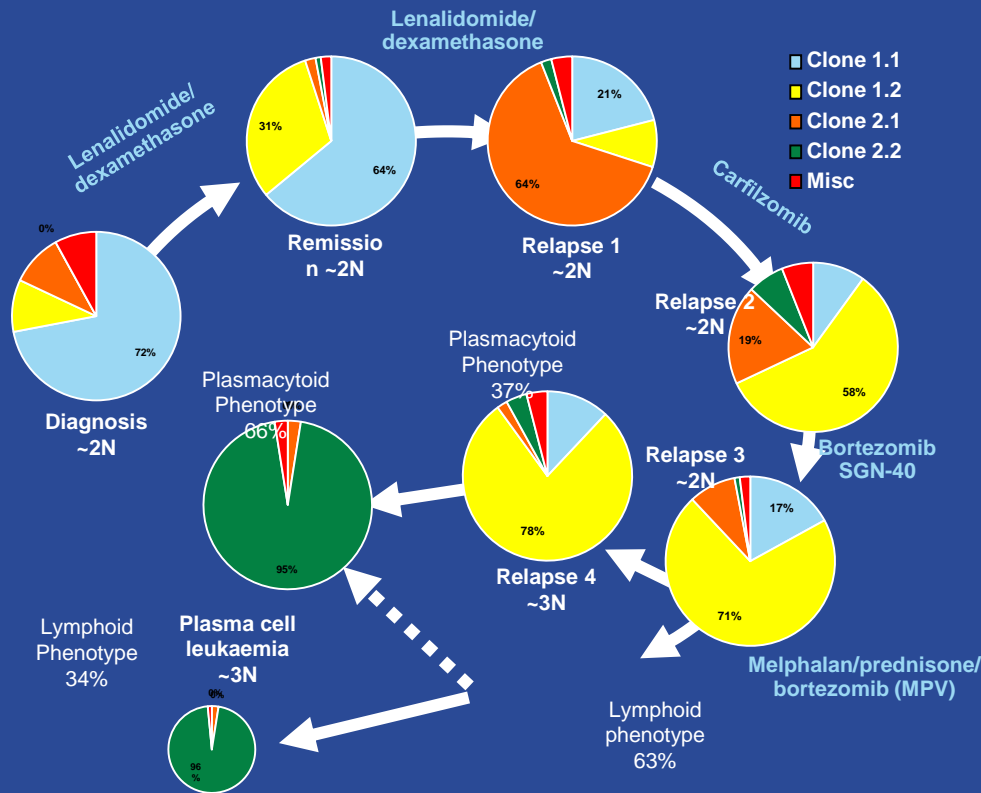
# IFM 2009 trial

## Role cytogenetics

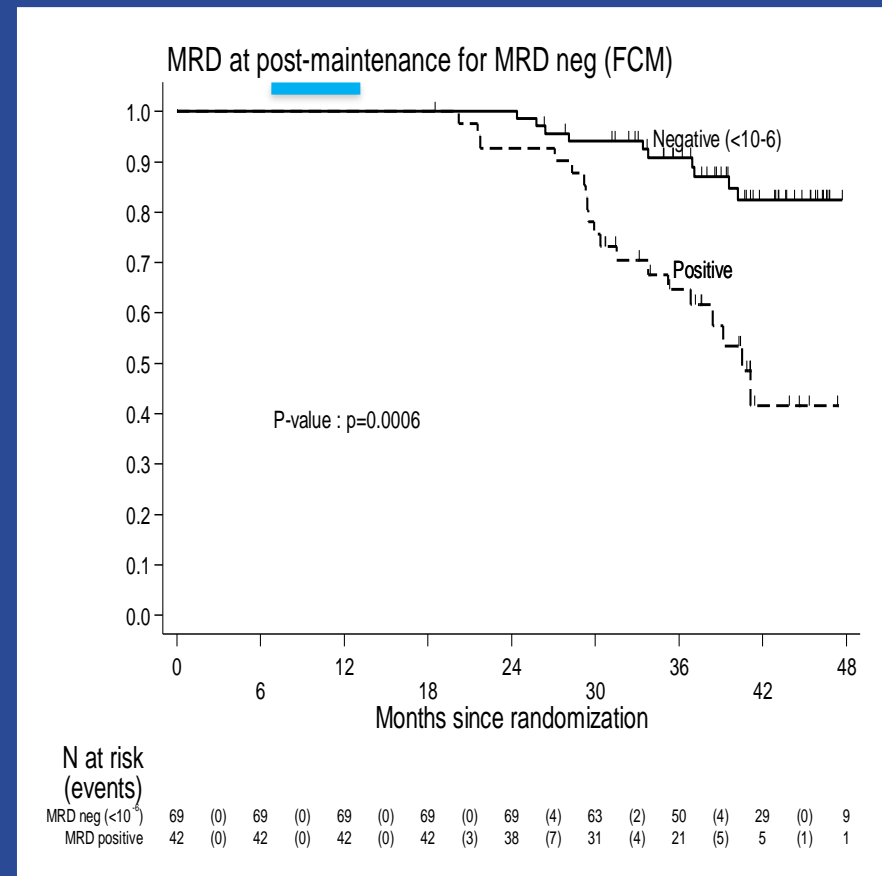
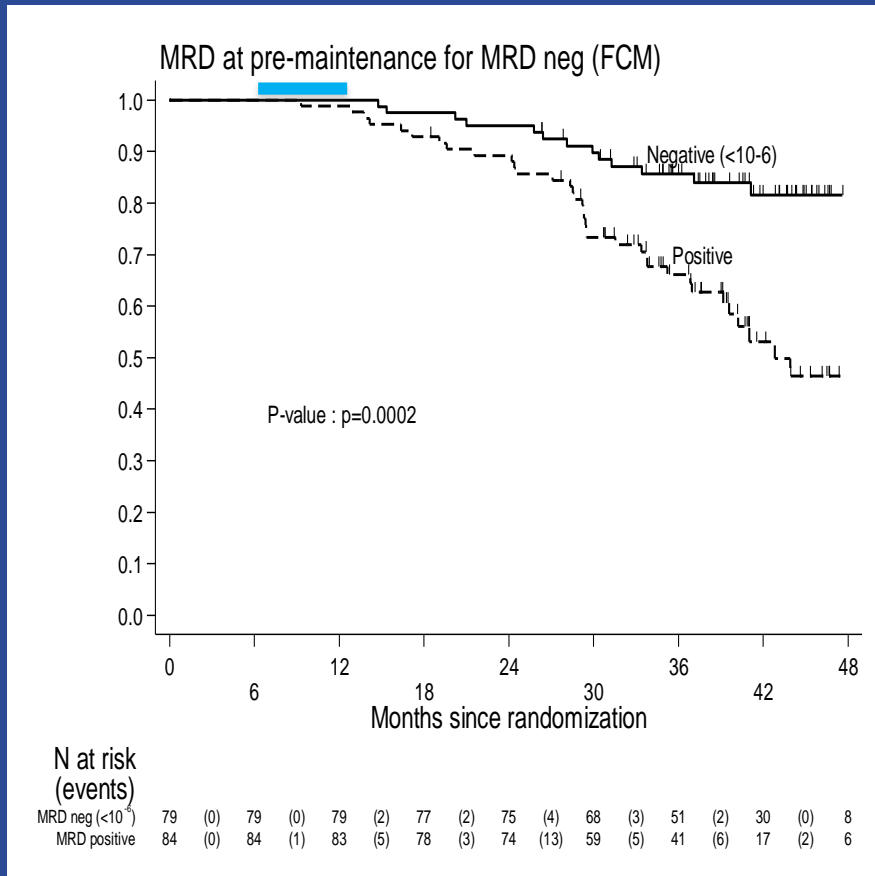


	N at risk					
	0	12	24	36	48	60
pos.MRD-High Risk	28	19	11	5	4	0
pos.MRD-Standard Risk	82	73	59	42	21	3
neg.MRD-High Risk	18	17	14	12	5	1
neg.MRD-Standard Risk	56	54	48	43	25	4

# Work to do (1), MRD and – Clonal selection

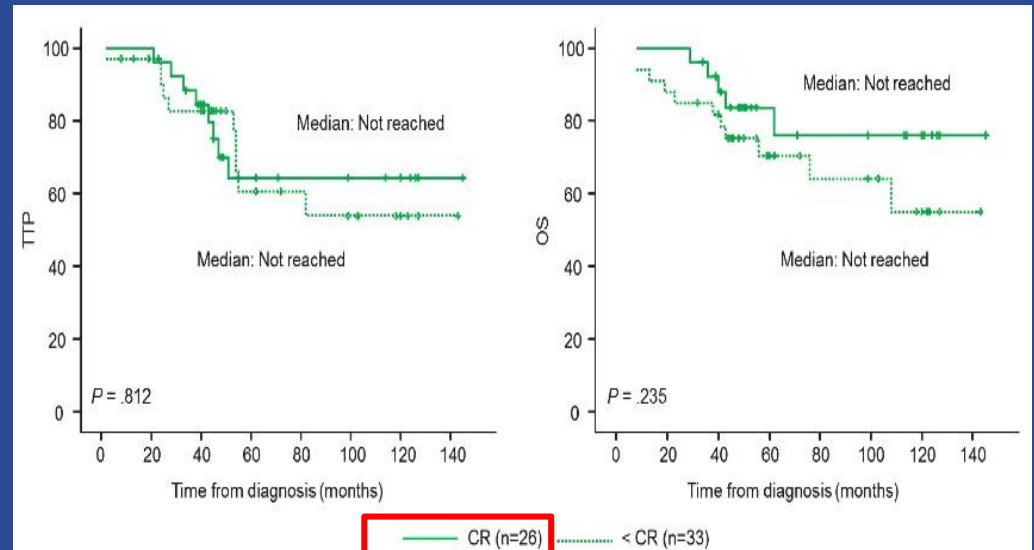
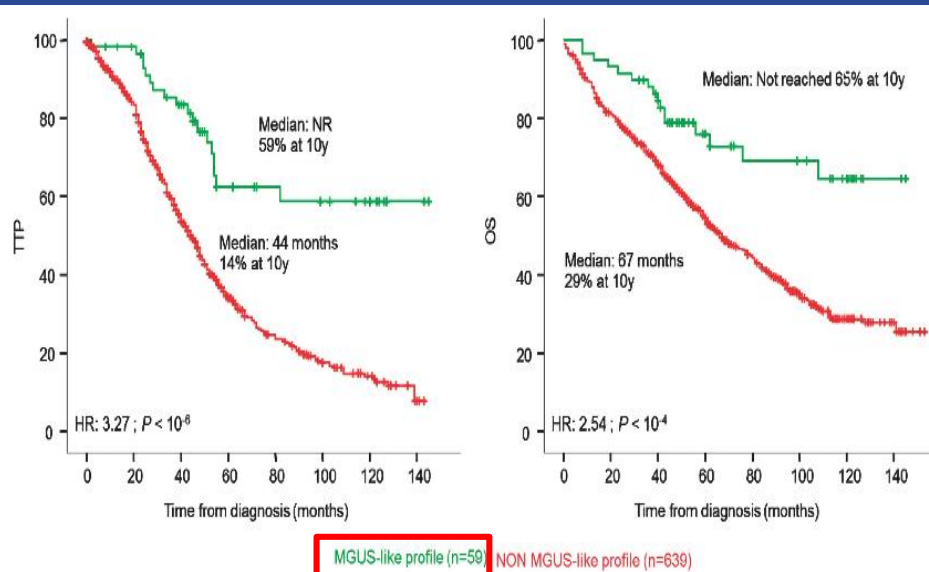


# Work to do (2) MRD and – Best timing





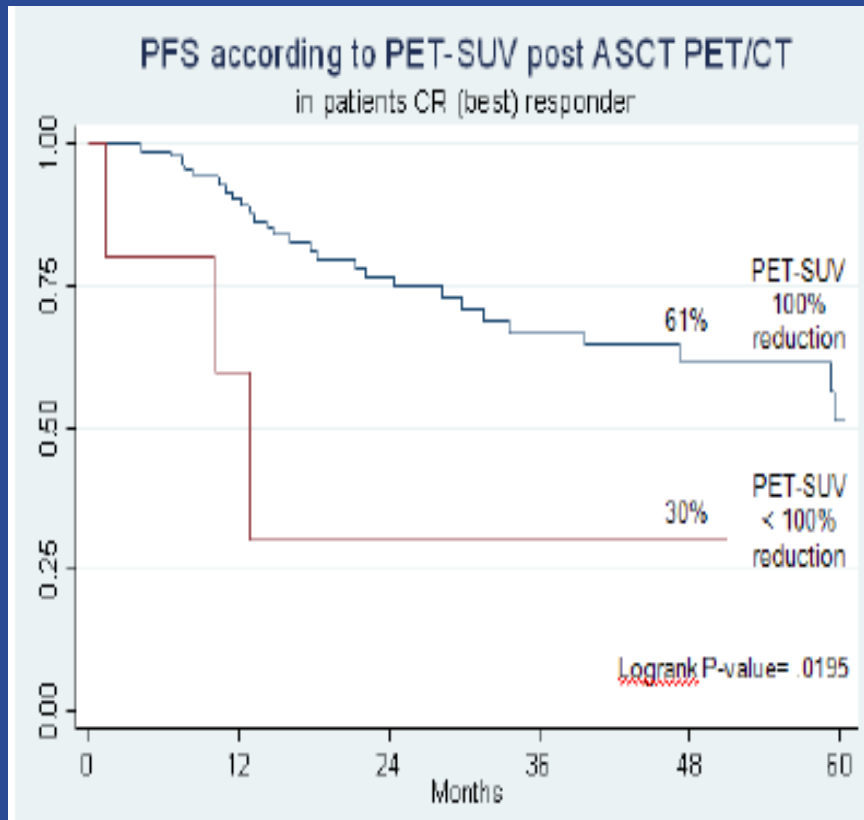
# Work to do (3) MRD and – MGUS like profile



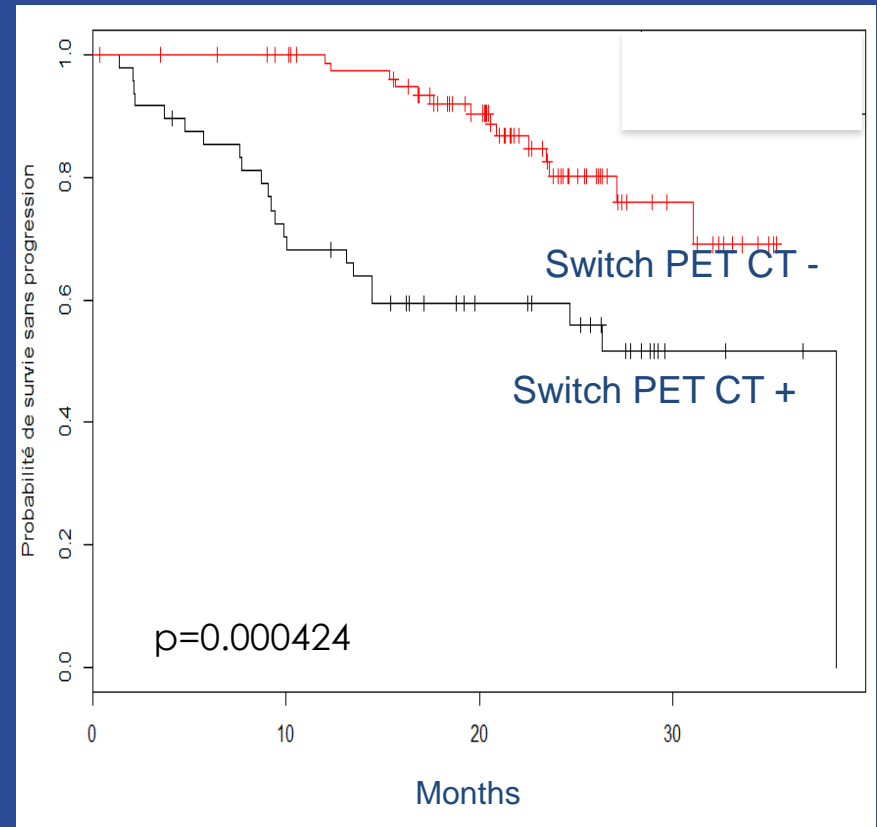
# Work to do (4) MRD study

Various ways to study the BM, BM sampling, PET CT ....

Thal/dex followed by tandem ASCT



IFM 2009/DFCI - Imajem



# Work to do (5) MRD and – treatment decision

IFM 2018

	MRD1		MRD2	
<u>Standard Risk</u>	- R ↗ ↘	HDT1 + PI+ImidsD-MoAB X4	→	↗ Maint A
PI+ImidsD-MoAB x6		PI+ImidsD-MoAB x7		R
PI+ImidsD-MoAB x6	+	HDT1 + PI+ImidsD-MoAB* x6	+ HDT2	↗ Maint C
		*diff PI, Imids,..	- R	↘ Maint D
				↗ Maint A
				↘ Maint B
<u>High Risk</u>		HDT1 + PI+ImidsD-MoAB* x6	→ HDT2	→ Maint C or D
PI+ImidsD-MoAB x6	→	*diff PI, Imids,..		



# EMORY WINSHIP CANCER INSTITUTE

A Cancer Center Designated by  
the National Cancer Institute

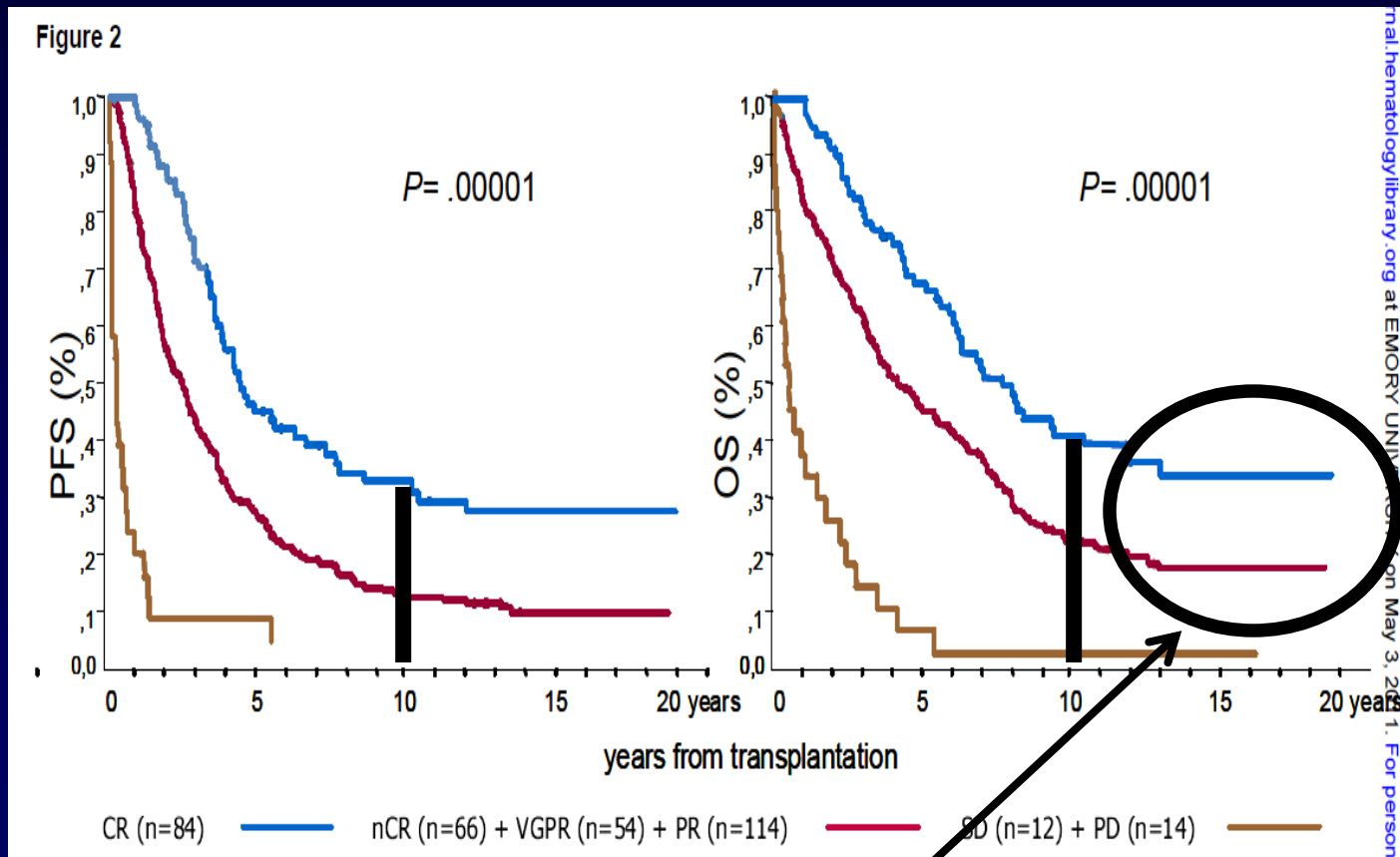


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MEDICINE

## Minimal Residual Disease Assessment: Not Relevant for Clinical Practice Yet

Sagar Lonial, MD  
Chair and Professor  
Department of Hematology and Medical Oncology  
Chief Medical Officer, Winship Cancer Institute  
Emory University School of Medicine

# There are patients with old drugs and old tests that do well..

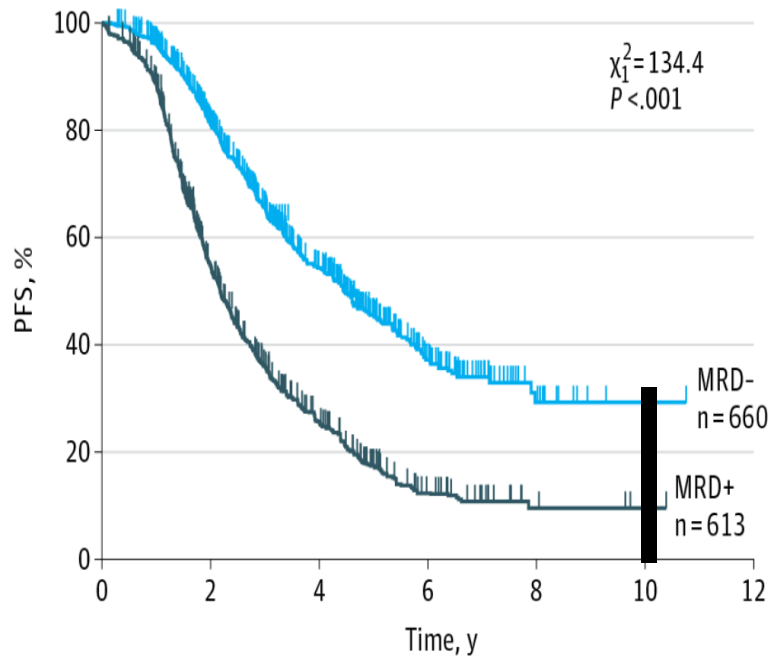


Functional cure?

# Impact of MRD: Meta-analysis

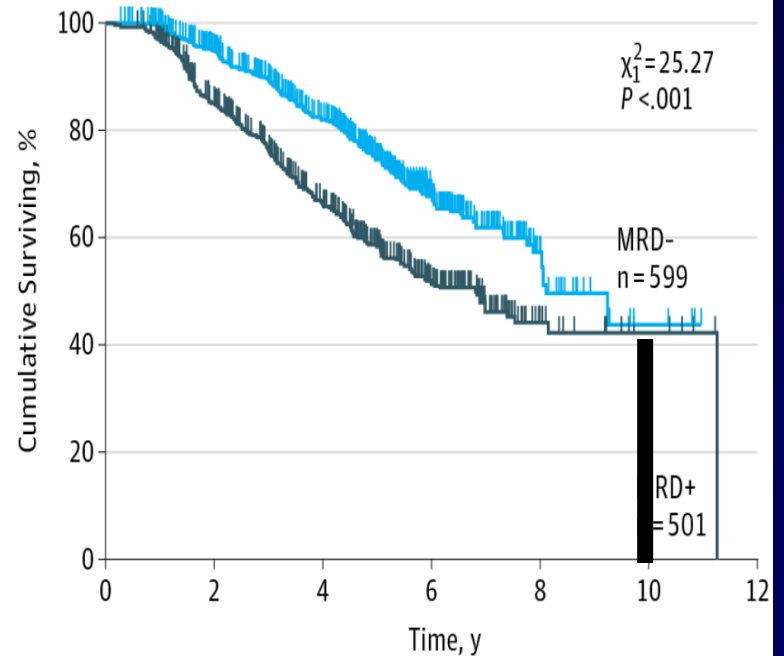
## Are these the same patients?

**C** Overall PFS by MRD status



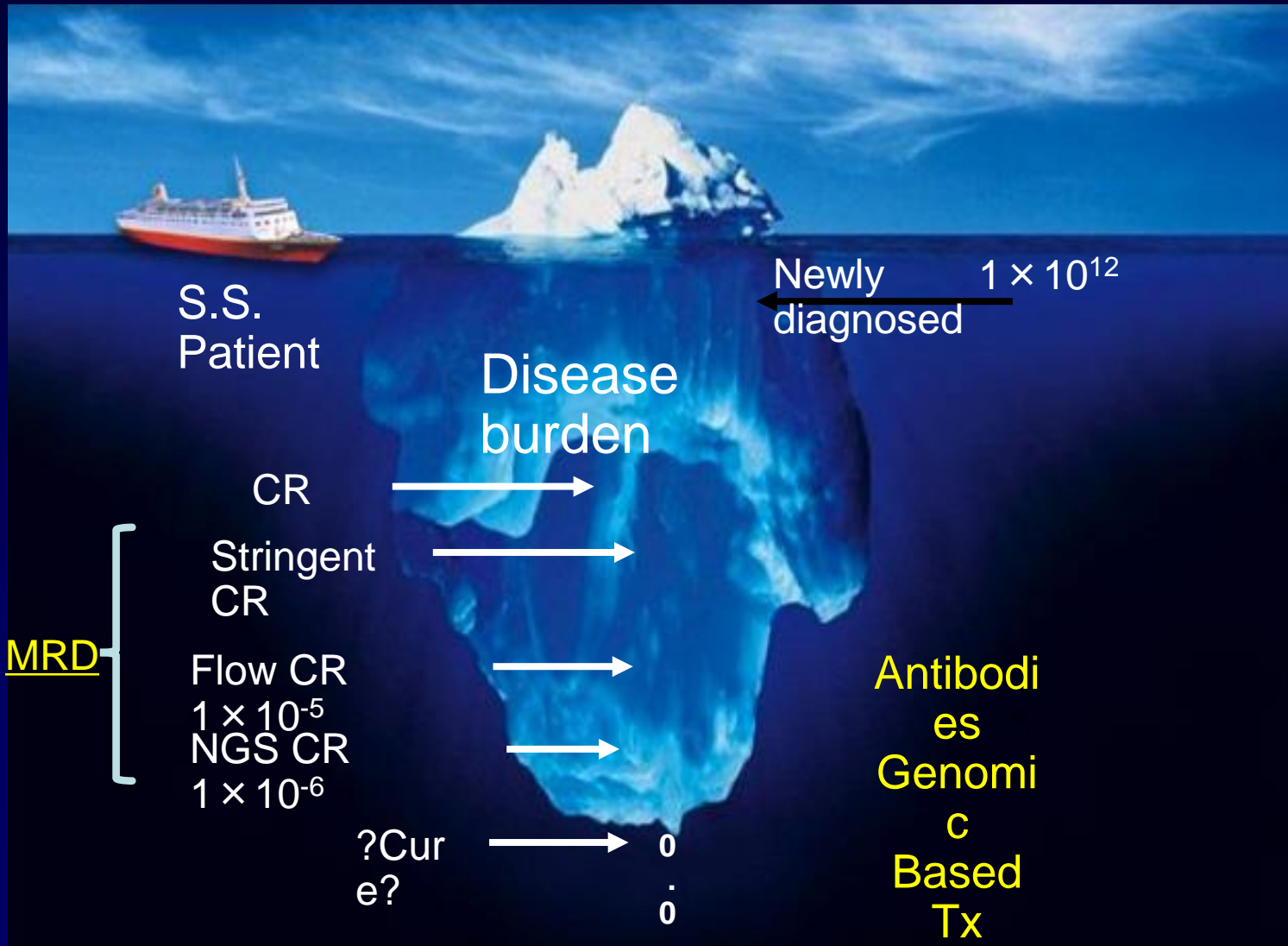
No. at risk					
MRD -VE	457	214	70	12	1
MRD +VE	308	113	28	4	1

**D** Overall OS by MRD status



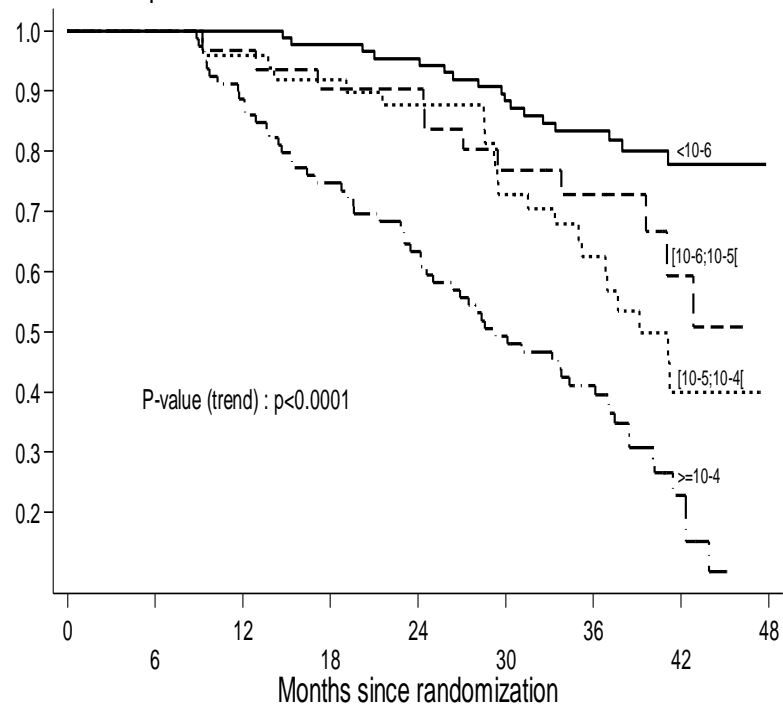
No. at risk					
MRD -VE	508	359	139	26	4
MRD +VE	390	250	105	17	5

# Getting to Minimal Residual Disease (MRD): New Definitions for CR



# How you measure MRD impacts the results

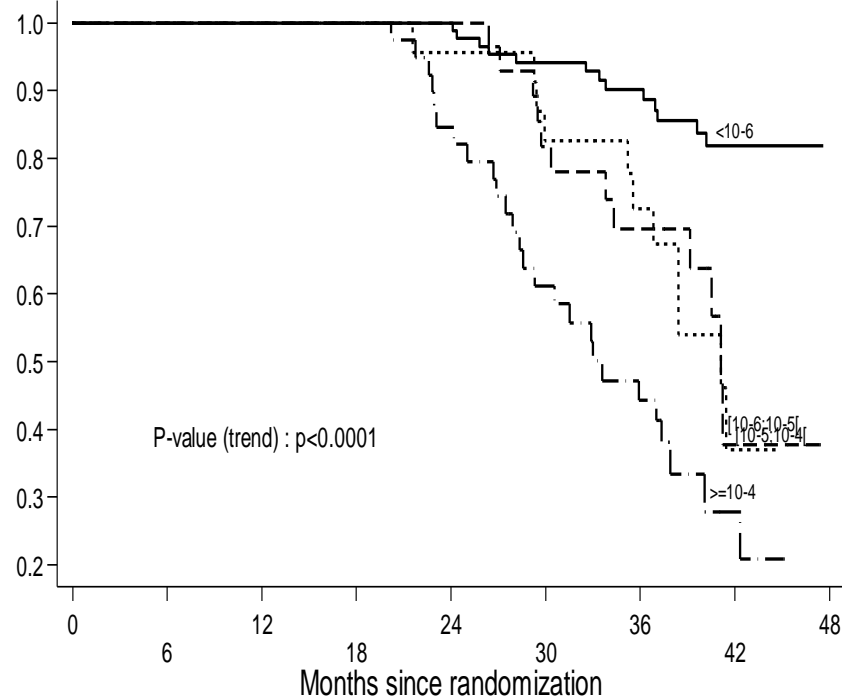
MRD at pre-maintenance



N at risk  
(events)

$<10^{-6}$	87	(0)	87	(0)	87	(2)	85	(2)	83	(6)	74	(4)	54	(3)	31	(0)	8
$[10^{-6};10^{-5}]$	31	(0)	31	(1)	30	(2)	28	(0)	27	(4)	22	(1)	17	(2)	8	(1)	4
$[10^{-5};10^{-4}]$	49	(0)	49	(2)	47	(2)	45	(2)	43	(7)	34	(4)	22	(6)	8	(0)	2
$[10^{-4};10^{-3}]$	79	(0)	79	(9)	70	(11)	59	(9)	50	(11)	38	(6)	28	(9)	6	(3)	0

MRD at post-maintenance

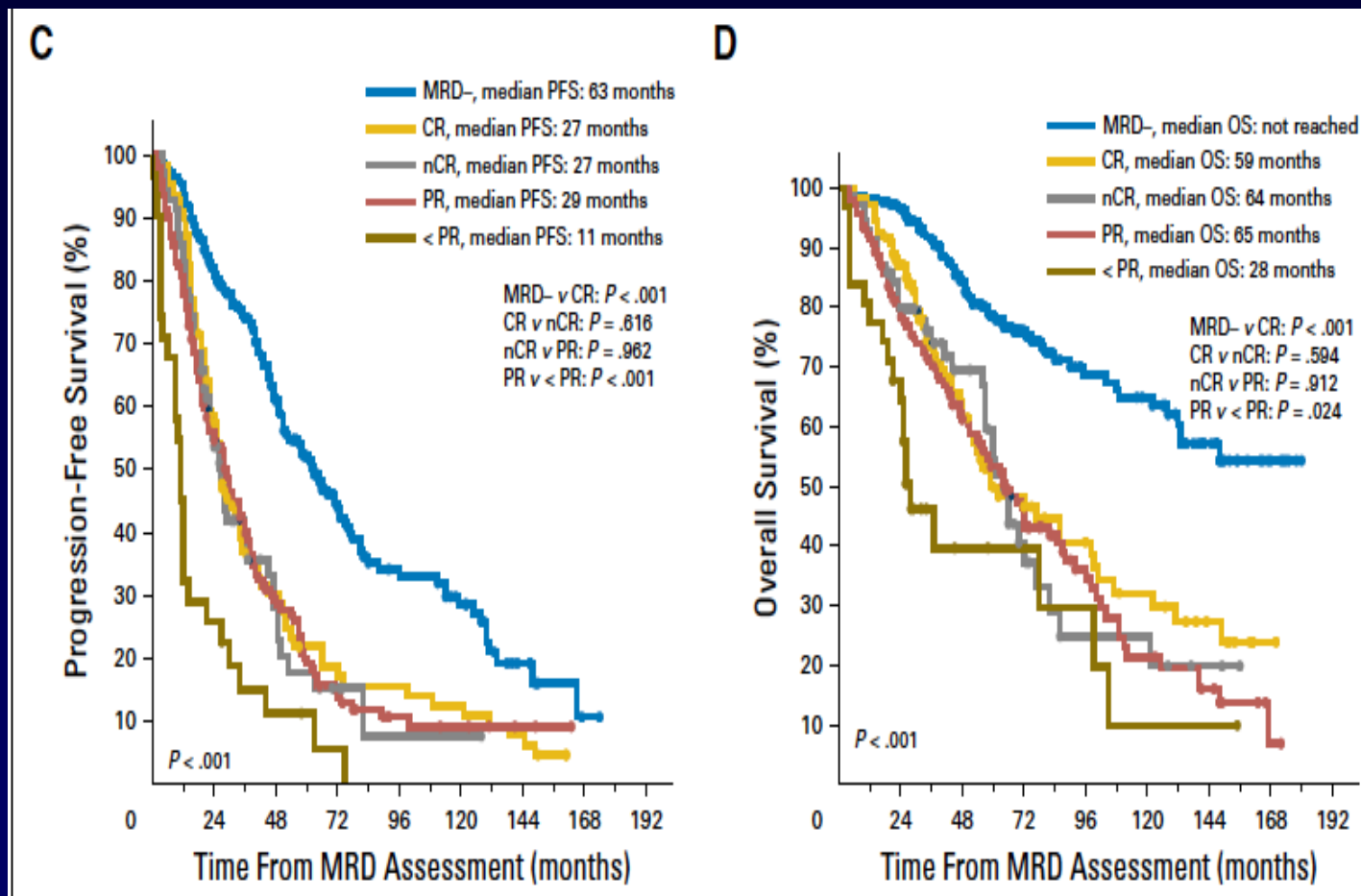


N at risk  
(events)

$<10^{-6}$	86	(0)	86	(0)	86	(0)	86	(0)	86	(0)	86	(5)	77	(3)	61	(5)	36	(0)	10
$[10^{-6};10^{-5}]$	29	(0)	29	(0)	29	(0)	29	(0)	28	(5)	22	(3)	16	(4)	4	(1)	1		
$[10^{-5};10^{-4}]$	23	(0)	23	(0)	23	(0)	23	(1)	22	(3)	19	(2)	14	(5)	3	(0)	2		
$[10^{-4};10^{-3}]$	40	(0)	40	(0)	40	(0)	40	(0)	40	(6)	33	(9)	23	(6)	15	(4)	4	(1)	2

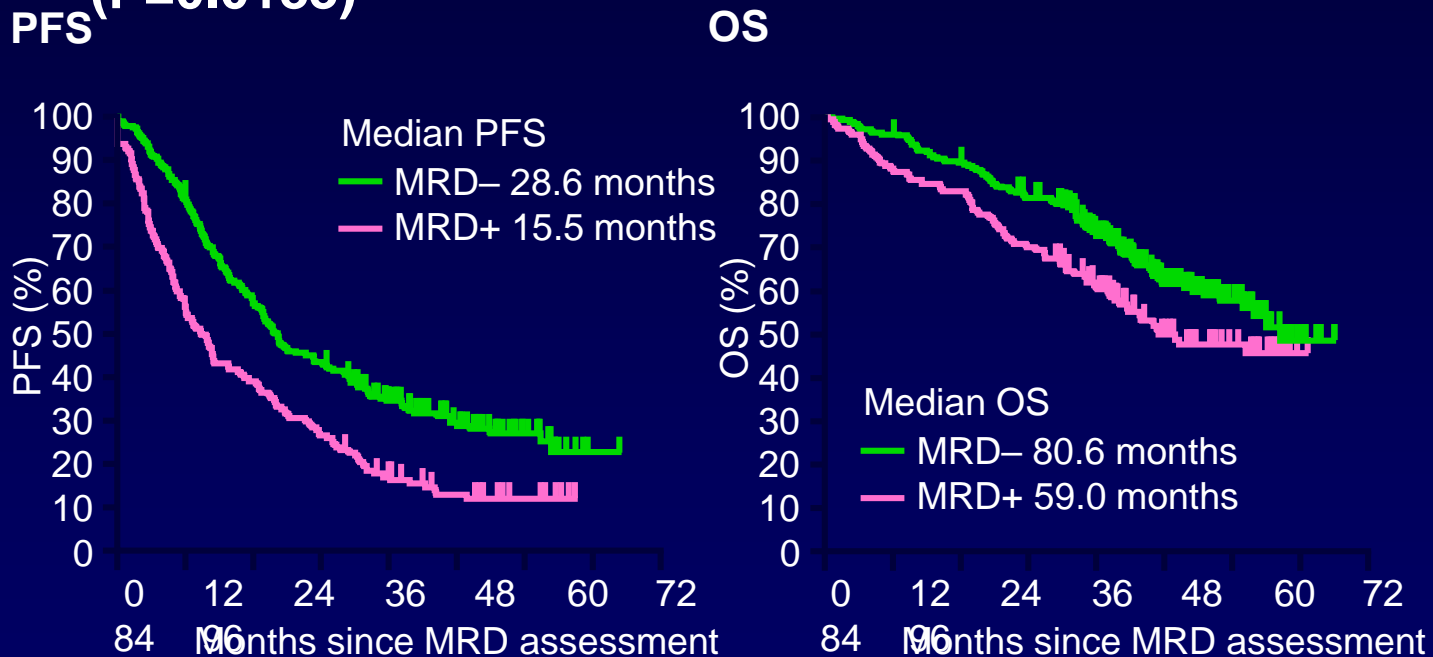


# MRD testing is not a surrogate for Cure



# MRC Myeloma IX: PFS and OS Do Not Plateau

- MRD negativity at Day 100 post-ASCT was associated with improved PFS ( $P < 0.0001$ ) and OS ( $P = 0.0183$ )



Numbers at risk:

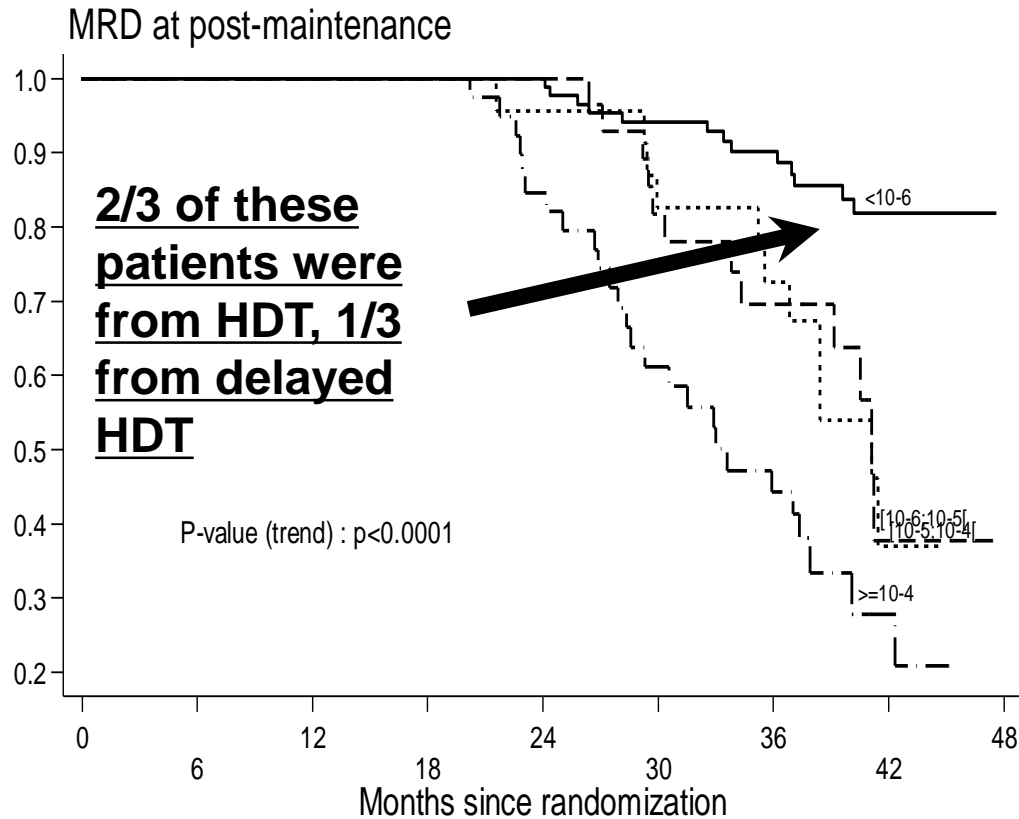
MRD-	200	145	107	73	41
20	2	0			
MRD+	87	59	42	24	14
7	0	0			

MRD status at Day 100 post-ASCT: MRD- n=247; MRD+ n=150

Numbers at risk:

MRD-	237	220	197	157	92
43	9	0			
MRD+	132	124	105	83	46
25	1	0			

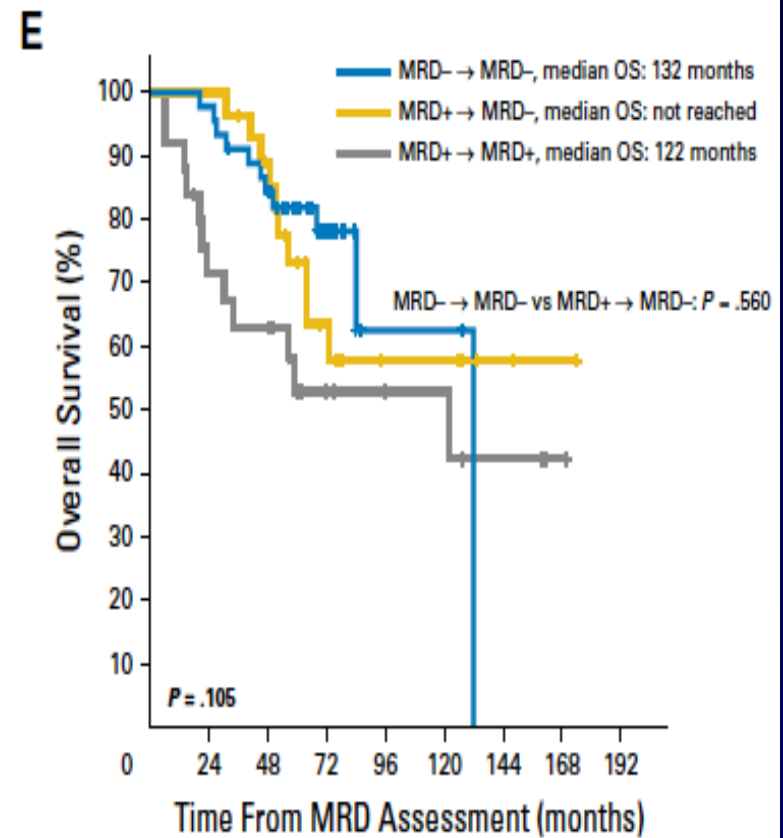
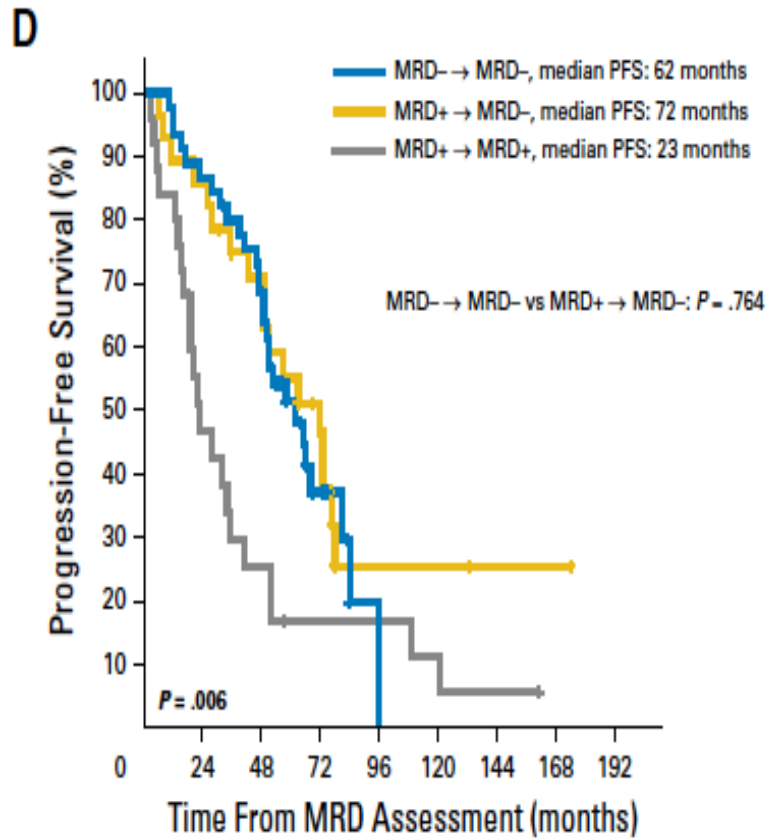
# Cannot use MRD to decide who gets a transplant



N at risk  
(events)

$<10^{-6}$	86	(0)	86	(0)	86	(0)	86	(0)	86	(5)	77	(3)	61	(5)	36	(0)	10
$[10^{-6}; 10^{-5}]$	29	(0)	29	(0)	29	(0)	29	(0)	28	(5)	22	(3)	16	(4)	4	(1)	1
$[10^{-5}; 10^{-4}]$	23	(0)	23	(0)	23	(0)	23	(1)	22	(3)	19	(2)	14	(5)	3	(0)	2
$[10^{-4}; 10^{-3}]$	40	(0)	40	(0)	40	(0)	40	(6)	33	(9)	23	(6)	15	(4)	4	(1)	2

# MRD changes post transplant do not impact OS



# Conclusion

YES. Minimal Residual Disease is  
*A Measurable and Relevant Endpoint in Treatment*

- Is manageable in most countries
- Has demonstrated a prognostic role, PFS and OS
- You already have implemented depth of response in your practice for treatment decision
  - You decide a treatment strategy based on known depth of response
  - You optimize a treatment scheme to improve depth of response, ASCT, consolidation, maintenance...
- Time for the next step, MRD-based treatment choice decision making

# Summary (Fallacies) of MRD testing

- MRD is a surrogate for cure
- If you are MRD negative, you can stop treatment
- If you are MRD positive after transplant, you need to change from standard treatment
- MRD is the only predictor of good long term outcomes
- If you convert from MRD negative to MRD positive, you need to change therapy
- MRD assessment in the marrow is enough to declare victory

# What can MRD testing be used for

- Comparing across clinical trials
- Assessing efficacy of new treatment approaches
- Prognosis

But not for current clinical decision making

There are too many unknowns that will be addressed by ongoing trials

Never give up!



**Thank you for your attention**